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| **2016 Great Lakes Herb Faire Schedule** |
| **Friday** |
|  | **Event/Class** | **Teacher** | **Location** |
| 1:00pm-4:15pm | Registration |  | Registration tablein Mess Hall Building |
| 3:00pm | Marketplace officially open | Vending Coordinator: Sarah Hurt | Marketplace |
| 4:30pm-5:00pm | Opening Ceremony includes:Don Allen- DrummerMerida Pineda- Relearning How to Breath Like a BabyShana Weddington- Announcements and Intentions |  | Pavillion area |
| 5:00pm-6:30pm | Keynote - Wisdom of Nature. What we Gain as Herbalists in Service of Nature | Matt Wood | Pavillion |
| 6:45pm-8:00pm | Dinner Marketplace |  | Mess HallMarketplace |
| 8:30pm-10:30pm | Story TellingOpen Mic | Rowena ConahanAnyone! | Pavillion |
| 8:30pm-9:30pm | Sleep and Dreams Class | Joel Robbins and Brendan Bradley | Yurt |
| 8:30pm-9:00pm | Herbalists Chat Discussion Session | Facilitated by Talitha Johnson | Arts and Crafts Building\*This session is respectfully open only to People of Color |
| 8:30pm-9:30pm | Fairy Cocktail Hour: Plant Infused Cocktails & Mocktails | Jessica Belden | Mess Hall |
| Saturday |
|  | Event/Class | Teacher | Location |
| 7:00am-7:45am | Tai Chi | Joel Robbins | Meet at Pavillion |
| 7:30am-8:45am | BreakfastMarketplace |  | Mess HallMarketplace |
| 9:00am-10:30am | Keynote -The Grass Skirts Movement | Jody Noe | Pavillion |
| Session 1 |
| 11:00am-12:30pm | Brain Boosting Herbs | Maria Groves | Yurt |
| 11:00am-12:30pm | Barks, Nuts, Leaves, Roots and Fungi: Great Lakes Tree Medicines  | Lisa Rose | Arts and Crafts |
| 11:00am-12:30pm | Demystifying Medicine Making | Jessie Belden | Pavillion |
| 11:00am-12:30pm | A Dental Herb WalkLeslie Alexander | Leslie Alexander | Herb WalkMeet at Amphitheater |
| 11:00am-11:40am11:50am-12:30pm | Shelter Building for Kids\_\_\_\_\_\_\_\_\_The Native American Medicine Wheel, Its Journey with the Circle of Life | Rowena Conahan\_\_\_\_\_\_\_\_\_\_Victoria Vogues | Kids Tent |
| 12:45-2:15pm | LunchMarketplace |  | Mess HallMarketplace |
| Session 2 |
| 2:45pm-4:15pm | An Herbalist's Repertory | Jim McDonald | Pavillion |
| 2:45pm-4:15pm | Chinese Herbology: First Aid and Other Topical Applications of Herbs  | Joel Robbins | Arts and Crafts |
| 2:45pm-4:15pm | The Herbal Treatment of Auto-Immune Diseases | Althea Northage Orr | Yurt |
| 2:45pm-4:15pm | Ecology Walk | Matt Demmon | Herb WalkMeet at Amphitheater |
| 2:45pm- 3:25pm3:35pm4:15pm | Let’s Help the Honey Bees\_\_\_\_\_\_\_\_\_\_\_\_Fun With Herbs Using All Your Senses | Liz Timmerman\_\_\_\_\_\_\_\_\_Janice Marsh-Preslesnik | Kids Tent |
| Session 3 |
| 4:45pm-6:15pm | Tissue States in Practice | Matthew Wood  | Pavillion |
| 4:45pm-6:15pm | Organic Farming with Herbalists | Jane Hawley Stevens | Arts and Crafts |
| 4:45pm-6:15pm | Learning Herbal Constituents: Breaking it Down | Lorinda Sorinson | Yurt |
| 4:45pm-6:15pm | Herb Walk | Jim McDonald | Herb WalkMeet at Amphitheater |
| 4:45pm-6:15pm | Healing Animals with a Holistic Approach | Angela McElroy | Kids Tent |
| 6:30pm-8:00pm  | DinnerMarketplace |  | Mess HallMarketplace |
| 8:30pm-10:30pm | Music | Eyes Unclouded | Pavillion |
| Sunday |
|  | Event/Class | Teacher | Location |
| 7:00am-8:00am | Earth Wisdom Yoga  | Leigh Ann Phillips-Knope  | Meet at Pavillion |
| 7:30am-8:45am | BreakfastMarketplace |  | Mess HallMarketplace |
| Session 4 |
| 9:00am-10:30am | Medical Herbal Strategies for Integrative Cancer Therapies | Jody Noe | Pavillion |
| 9:00am-10:30am | Delivery: Styles, Types, Ups n’ Downs | Leslie Alexander | Arts and Crafts Building |
| 9:00am-10:30am | Introduction to West African Herbalism | Aku Dunyo Richter | Yurt |
| 9:00am-10:30am | Botanical Treasures of the Midwest: Great Lakes & Midwestern Plants Not to be Taken for Granted.   | Heather Irvine | Herb WalkMeet at Amphitheater |
| 9:00am-10:30am | Let’s Meddle with Nettles | Kristine Brown | Kids Tent |
| Session 5 |
| 11:00am-12:30pm | Medicine Animals, Medicine Plants | Matthew Wood | Pavillion |
| 11:00am-12:30pm | Bringing Balance the Endocrine System: Herbs that Create a Symphony, Not a Shouting Match | Maria Groves | Yurt |
| 11:00am-12:30pm | The Season of Babies, Herbs for Conception to Post-Partum | Beth Barbeau | Arts and Crafts |
| 11:00am-12:30pm | Interactive Herb Walk: Walking in Communion with our Elders the Plants | Jody Noe | Herb WalkMeet at Amphitheater |
| 11:00am- 11:40am11:50am12:30pm | Plant Whisperers and the Magic Yes/No Meter Inside Your Body\_\_\_\_\_\_\_\_\_Is There a Better Way to Carry my Backpack? | Stacey Quade\_\_\_\_\_\_\_\_\_Joseph Quade | Kids Tent |
| 12:45pm-2:00pm  | LunchMarketplace |  | Mess hallMarketplace |
| 2:15pm-3:45 pm | Blessed Bitters | Jim McDonald | Pavillion |
| 2:15pm-3:45 pm | Return to Wholeness | Ombassa Sophera | Yurt |
| 2:15pm-3:45 pm | Caring for Drinkers: Reducing Harm with Plant Medicine | Cali Janae | Arts and Crafts |
| 2:15pm-3:45 pm | Botany for Budding Herbalists | Elizabeth Heck | Herb WalkMeet at Amphitheater |
| 2:15pm-3:45 pm | Wisdom of the Elders | Tricia Bellew, Tina & Daniel Stone | Kids Tent |
| 4:00 pm – 4:30 pm | Closing Ceremony |  | Pavillion area |

**Teacher/Class changes from booklet**

***Relearning to Breath Like a Baby***

***(part of opening ceremony)***

led by

**Mérida Pineda** is originally from Venezuela, where she earned degrees in agriculture and fine arts.  She has just recently completed three years of training to become a practitioner and teacher in the Alexander Technique. Her love for plants and nature was nurtured by her parents.  Her mother loved plants and had a beautiful garden.  She grew up in the lush Andes of Venezuela where people depended of the land for sustenance. Her grandmothers always used herbs to treat and cure any discomfort of the body.  As a young person, Merida decided that she wanted to pursue this way of life. Once in the U.S.A she worked at the Community Farm of Ann Arbor as an apprentice and discovered the magic of Biodynamic Agriculture.  She also acquired extended knowledge of organic agriculture, gardening and the power of herbs.

***The Season of Babies, Herbs for Conception to Post-Partum***

The nourishment of our friendly herbal friends have long been known to enhance fertility, build strong babies, support healthy & timely labors, nurture smooth post-partums, and bring in a generous milk supply. Join us for a solid introduction to the essential herbs you can’t be without, herbs for common health challenges in the childbearing year, and which herbs to avoid.

Taught by

**Beth Bailey Barbeau**, B.S., has been working in the Natural Health and Birth Community for over 30 years as a Childbirth & Breastfeeding Educator, Midwife & more. She is on the Faculty of the Naturopathic Institute of Therapies & Education of Mt. Pleasant, teaching in their Holistic Doula program, and is the mother of two home-birthed boys.

**A huge Thank You to our Additional Sponsors who did not get into the booklet.**

**Cardamom Resturant-** Amazing Indian Food on Ann Arbor’s East Side

**NITE**- Naturopathic Institute of Therapies and Education, Mt. Pleasant, Michigan

**Grassroots Midwest Herbal Conference**- September 29th thur October 1, 2017 in Fredericktown, MO